



Introduction:

After the *Rambam* details all of the *halachos* of *yichud* (*Hilchos Issurei Biah, perek 22*), he writes about the great *yetzer hara* that exists to commit these *aveiros*, as well as about their outcome. He concludes with the following words:

“Therefore, it is proper for a person to subjugate his inclination regarding this matter and train himself in extra holiness, pure thought, and proper character traits so that he will be guarded against them [i.e., forbidden relationships]. He should be careful about *yichud*, for this is the great cause [of transgression]. Great sages would tell their students: ‘Warn me on account of my daughter,’ ‘Warn me because of my daughter-in-law,’ so that they would teach their students not to be embarrassed about [being careful about] such matters and so that they would distance themselves from *yichud*.”