

# The Narrow Bridge

## גשר צר מאוד

### INSPIRATIONAL QUOTES

**Short Quotes from Various Tzaddikim - Week 181**

To join our Whatsapp group for daily messages, contact us at 845-641-2648

לע"נ פעסל בת ישראל מנחם / לזכות חילינו

***Muscles only become stronger after facing resistance.  
The weight that challenges you today may be the very thing building the strength you'll need tomorrow.***

INSPIRED BY THE TEACHINGS OF RABBI YITZCHAK HUTNER (1906-1980)

***A QR code still works even when nearly a third of it is damaged or missing. It was designed with imperfections in mind.  
Hashem fashioned us in the same manner – not expecting perfection but building us with the strength and ability to keep going despite any imperfections.***

INSPIRED BY THE TEACHINGS OF RABBI DOVID HOFFMAN

***An orchestra only sounds powerful because different sounds learn how to move together.  
If every instrument played the same notes, there would be no symphony.  
Harmony isn't everyone being the same – it's everyone bringing something different to the music.***

INSPIRED BY THE TEACHINGS OF THE LUBAVITCHER REBBE, RABBI MENACHEM MENDEL SCHNEERSON (1902-1994)

***A slinky can walk down a staircase only because each coil supports and lifts the one below it before moving itself.  
Sometimes the best way to move forward is to first support and lift someone else up.***

INSPIRED BY THE TEACHINGS OF RABBI JONATHAN SACKS (1948-2020)

***Shake a snow globe and everything becomes cloudy. Set it down, and without doing anything else, the water becomes clear.  
When the week leaves us feeling scattered, Shabbos reminds us that clarity can come from settling down and taking a moment to rest.***

INSPIRED BY THE TEACHINGS OF THE MAGGID OF MEZRITCH, RABBI DOV BER (1704-1772)