



A Doctor

5. A doctor who regularly sees female patients or mothers of patients, such as a pediatrician, children's dentist, and, obviously, a doctor who specializes in women's health, is in the category of *isko im hanashim*. (*Dvar Halachah* 3:20; *Yesod*

Hataharah – Yichud 8:13)



From Our Inbox:

I want to take a moment to express my sincere appreciation for the important work you do in helping people use technology wisely and responsibly, specifically referring to your recent series on this topic.

I recently heard an interview given by Doeihu's director, and during the interview he also spoke about the importance of avoiding Google Chats. His words made a strong impression on me. I have never really used Google Chats as a common method of communication, but I also couldn't bring myself to block it. Sometimes I would open in just to see what was happening in group chats that I was part of, even though I was trying to stay away from it.

The morning after hearing this interview, I got to work and saw that a very good friend had messaged me on Google Chats. It felt like a powerful test for me, and I immediately felt my will being challenged to stay strong. The yetzer hara was hard at work, trying to pull me back in. But with Hashem's help, I was able to resist opening her message.

I want to thank you, not only for the practical guidance you provide, but also for the inspiration you give. The work you do is so important, because it helps people think more deeply about their choices, strengthen their values, and become better versions of themselves. In a world where technology can so easily pull people in many directions, your voice serves as a reminder that we can live with purpose, discipline, and clarity.

The time and effort you invest in this mission is truly meaningful. Your hard work is not only helping individuals make better decisions in the moment, but also encouraging lasting growth and strength. That kind of impact is invaluable, and I am genuinely grateful for it.

Thank you again for all that you do, and for the positive influence you have on so many people.