



## The Definition of “Perutzim”

1. “*Perutzim*” refers to those who are lacking a particular cautiousness in maintaining distance between the genders. (See *Shevet Halevi* vol. 5, 202:1; *Chut Shani*, *Hilchos Yichud* note 6; *Yesod Hataharah – Yichud*, *Mareh Mekomos* 7:5-8; *Igros Moshe* EH vol. 4, 65:17)
2. A Jew who upholds the Torah and mitzvos is not suspected of doing *aveiros* and usually is considered “kosher”. (This applies only to Ashkenazim, as will be explained in the coming emails.) (See *Dvar Halachah* 9:2-



**From Our Inbox:**

Dear Doeihu,

I am one of the thousands of subscribers who are inspired by the daily emails at the start of my workday. I'd like to share my story, though it might not sound too major, because it made a huge impact on me.

I work in a very kosher office with the highest filters installed. In addition,

I have a *geder* that I only go online for work. I am not on any Google Chats or groups, or anything like that. When I need online shopping done, I call Proclick or a similar third party company who click for you online. My community is smartphone-free, and my phone does not have text. All in all, I didn't see the internet as being my *nisayon*.

However, my coworker introduced me to Microsoft Teams. In my company, all incoming emails are copied to the executive director, so none of us female coworkers could even write a simple joke to one another, since we knew that the boss would review every email. So the three of us started chatting in Teams.

At first, it was so enjoyable! We explored the program and loved the idea

of emojis instead of typing paragraphs to express ourselves. It continued this way for several months, until I found myself jumping onto Teams every few minutes. It was distracting me from work! In addition, our messages were getting sillier as the days passed. My inner voice was shouting at me to stop using the program.

Finally, the day came that I noticed several inappropriate GIFs in the Teams program. That was the final push I needed, and I sent a message to my coworkers that I was opting out of it, and if they want to talk, they could call me instead.

So here I am, back to a normal, regular secretary. I get my work done, without writing anything silly to friends, and I am proud to be one of Doeihu's success stories.

Thank you, Doeihu! Your *zechus* is incredible!