

The Narrow Bridge

גשר צר מאוד

INSPIRATIONAL QUOTES

Short Quotes from Various Tzaddikim - Week 187

To join our Whatsapp group for daily messages, contact us at 845-641-2648

לע"נ פעסל בת ישראל מנחם / לזכות חילינו

Spirituality requires patience. A person must be patient while waiting on G-d, while waiting on others, and perhaps most importantly, while waiting on themself.

INSPIRED BY THE TEACHINGS OF REBBE NACHMAN (1772-1810)

Always be a source of encouragement. Sometimes the easiest person to overlook is the one who has become so good at hiding their pain that no one realizes they're hurting. Never assume that someone's ability to carry something means they don't need help carrying it.

INSPIRED BY THE TEACHINGS OF REBBE NACHMAN (1772-1810)

Bridges are engineered to be strongest at the points where they experience the highest stress and carry the greatest loads. The pressure placed upon them reveals what they were built to withstand.

There may be moments when you wonder why life feels so heavy. But perhaps the very weight that makes you question your abilities is what Hashem is using to reveal just how much strength He has already placed within you.

INSPIRED BY THE TEACHINGS OF THE LUBAVITCHER REBBE, RABBI MENACHEM MENDEL SCHNEERSON (1902-1994)

Treat people like you would treat your photos: capture the good moments, discard the negatives, and always place them in the best lighting.

INSPIRED BY THE TEACHINGS OF REBBE NACHMAN (1772-1810)

Shabbat is "utopia now," because on it we create, for twenty-five hours a week, a world in which there are no hierarchies, no employers and employees, no buyers and sellers, no inequalities of wealth or power, no production, no traffic, no din of the factory or clamor of the marketplace.

It is "the still point of the turning world," a pause between symphonic movements, a break between the chapters of our days, an equivalent in time of the open countryside between towns where you can feel the breeze and hear the song of birds.

Shabbat is utopia, not as it will be at the end of time but rather, as we rehearse for it now in the midst of time.

RABBI JONATHAN SACKS (1948-2020)