



The Narrow Bridge

גשר צר מאוד

INSPIRATIONAL QUOTES

Short Quotes from Various Tzaddikim - Week 188

To join our Whatsapp group for daily messages, contact us at 845-641-2648

לע"נ פעסל בת ישראל מנחם / לזכות חילינו

Sometimes the most courageous act is simply refusing to give up on yourself.

INSPIRED BY THE TEACHINGS OF REBBE NACHMAN (1772-1810)

If Hashem put a Goliath in front of you, He must believe you have a David inside of you.

EMUNAH DAILY

*The person who needs your kindness may not look like someone who needs it.
People become very good at hiding what hurts. Give others a little more patience than you think they deserve;
you may be giving them something they need more than they can express.*

INSPIRED BY THE TEACHINGS OF REBBE NACHMAN (1772-1810)

*A hot air balloon rises not because something is added to the outside, but because what's inside becomes lighter.
Sometimes the next step upward isn't about taking on more – it's about letting go of what weighs you down.*

INSPIRED BY THE TEACHINGS OF RABBI JONATHAN SACKS (1948-2020)

G-d doesn't create any extras. The fact that you are here means the world needs you.

RABBI ZECHARIA WALLERSTEIN (1957-2022)