



The Narrow Bridge

גשר צר מאוד

INSPIRATIONAL QUOTES

Short Quotes from Various Tzaddikim - Week 193

To join our Whatsapp group for daily messages, contact us at 845-641-2648

לע"נ פעסל בת ישראל מנחם / לזכות חילינו

Just as one is obligated to believe in Hashem, so too must one believe in oneself.

RAV TZADOK HAKOHEN OF LUBLIN (1823-1900)

Your best friend is the One above. There is nobody who knows you like Hashem, cares for you like Hashem, and loves you like Hashem.

BASED ON THE TEACHINGS OF THE RIBNITZER REBBE, RABBI CHAIM ZANVIL ABRAMOWITZ (1902-1995)

The more you give to a person, the more you love that person. A stranger is simply someone you have not yet helped. Performing acts of kindness for others will fill your world with friends and loved ones.

RABBI ELIYAHU DESSLER (1892-1953)

Your mind is the canvas, and your thoughts are the paint. Create a masterpiece of resilience, hope, and joy. Focus on the good, celebrate small wins, and let your faith be the guiding light that leads you to a brighter, more vibrant work of art.

BASED ON THE TEACHINGS OF REBBE NACHMAN (1772-1810)

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October 7th is a date that changed the Jewish people forever. A day that brought unimaginable pain, fear, and loss – but also revealed something that no enemy can ever take away from us: the depth of our connection to one another.

Because when one Jewish soul cries, millions of Jewish hearts ache. When one family is broken, an entire nation feels the pain. And when one Jew needs strength, another Jew somehow finds the strength to give.

On October 7th they tried to tear us apart, but instead, we found one another. They wanted to frighten us into weakness, but we responded with courage. They wanted to make us feel alone, but millions of Jews around the world stood together, opening their hearts and their homes. They tried to create darkness. Instead, countless Jewish souls became lights.

We cannot erase October 7th. We cannot undo the pain. But we can choose what we do with the pain. We can turn memory into action, fear into faith, grief into prayer, and tragedy into unity.

Because the Jewish people have never survived because our history was easy. We survived because through every darkness, we held onto one another – and we held onto Hashem.

We are a people who have survived because we never stopped believing, never stopped caring, and never stopped standing together. When one Jew hurts, we all feel it. When one Jew is in danger, we all pray. And when one Jew rises, somehow, we all become a little stronger.

We will remember the lives that were taken. We will pray for those who are still suffering. And we will carry the memory of October 7th not only as a day of tragedy, but as a reminder of the extraordinary strength that emerges when we remember that we are one.

May we never forget what happened. And may we never forget who we are.