

The Narrow Bridge

גשר צר מאוד

INSPIRATIONAL QUOTES

Short Quotes from Various Tzaddikim - Week 200

To join our Whatsapp group for daily messages, contact us at 845-641-2648

לע"נ פעסל בת ישראל מנחם / לזכות חילינו

If what's ahead scares you, and what's behind hurts you, then look above to Hashem for He will never fail you.

RABBI DANIEL AGALAR

Sometimes the harshest criticism comes from within. We set unrealistic standards, invent imaginary deadlines, and try to force ourselves into molds we were never shaped to fit. But spirituality is not standardized, and there is no universal timeline for transformation. Real change is deeply personal and purposeful. Unique journeys are not flaws in the system – they are the design of the system. Different path. Different pace. Same worth.

Never measure your progress with someone else's ruler. Compare yourself only to who you were yesterday, not to who someone else is today. Silence the inner scoreboard. You are not late, and you are not behind. Trust your journey, stay in your lane, and run your own race.

Be patient with yourself. Growth flourishes in self-respect, not in self-contempt. Stop beating yourself for everything you think you aren't and start appreciating yourself for everything you already are. You don't become better by bullying yourself – you become better by believing you are worth the effort. Celebrate the progress and trust the process.

INSPIRED BY THE TEACHINGS OF RABBI SHLOMO WOLBE (1914-2005)

We don't need to be identical to be inseparable. A puzzle is beautiful precisely because its pieces are distinct. Each piece has a different shape, a different position, and a different role. Remove the differences, and you don't get a better puzzle; you lose the picture.

Our nation is made up of individuals with different strengths, backgrounds, and contributions. The goal isn't to erase our differences, but to bring them together in a way that reveals something greater than any one of us. Each of us offers a piece that the puzzle simply cannot do without. The picture doesn't become complete when we become alike; it becomes complete when we learn to come together.

INSPIRED BY THE TEACHINGS OF THE LUBAVITCHER REBBE, RABBI MENACHEM MENDEL SCHNEERSON (1902-1994)

Always be a source of encouragement. One kind word can silence a thousand inner critics.

INSPIRED BY THE TEACHINGS OF RABBI SHLOMO WOLBE (1914-2005)

Hashem is always there for you.

He is awake when you can't sleep,

He listens when you can't speak,

and He holds you when you can't stand.

INSPIRED BY THE TEACHINGS OF REBBE NACHMAN (1772-1810)